

Generation Plus



Information

For all general enquires, feedback, and suggestions, please contact sports.development@inspireall.com

Some activities do not run year round, please contact before attending

Monday

KEYBOARD (MUSICAL)	£
ALLUM HOUSE	
09:45 – 11:45	£6.00
YOGA	£
THE BUSHEY CENTRE	
09:45 – 11:15	£5.00
AQUA AEROBICS	£
FURZEFIELD LEISURE CENTRE	
11:40 – 12:25	Centre fee applies
PILATES (ABILITY LED)	
FURZEFIELD LEISURE CENTRE	
12:30 – 13:30	£5.00
PILATES	£
THE VENUE LEISURE CENTRE	
12:45 – 13:45	Centre fee applies
BADMINTON	X
BUSHEY GROVE LEISURE CENTRE	
13:30 – 15:30	Centre fee applies
KEEP FIT	
FURZEFIELD LEISURE CENTRE	
13:30 – 14:30	£5.00
BOWLS – INDOOR	£
MAXWELL PARK COMMUNITY CENTRE	
14:00 – 16:00	£4.50

Tuesday

STRETCH & TONE	
BUSHEY GROVE LEISURE CENTRE	
09:30 – 10:25	Centre fee applies
COME & SING	
WYLLYOTTS THEATRE & CINEMA	
10:00 – 11:30	Centre fee applies
WALKING NETBALL	
FURZEFIELD LEISURE CENTRE	
10:00 – 11:00	Centre fee applies
TABLE TENNIS	£
ELM COURT YOUTH & COMMUNITY CENTRE	
10:00 – 12:00	£4.00
WALKING FOOTBALL	X
BUSHEY GROVE LEISURE CENTRE	
10:30 – 12:30	Centre fee applies
PICKLEBALL	
FURZEFIELD LEISURE CENTRE	
11:30 – 12:30	Centre fee applies
KEEP FIT	
THE VENUE LEISURE CENTRE	
12:00 – 13:00	£5.00
KEEP FIT	
WYLLYOTTS THEATRE & CINEMA	
12:45 – 13:45	£5.00
BOWLS – INDOOR	£
ELM COURT YOUTH & COMMUNITY CENTRE	
13:30 – 15:30	£5.00
ART	£
MAXWELL PARK COMMUNITY CENTRE	
14:00 – 16:00	£4.00
ZUMBA GOLD	
THE VENUE LEISURE CENTRE	
14:30 – 15:30	£5.00

Wednesday

TABLE TENNIS	£
MAXWELL PARK COMMUNITY CENTRE	
10:00 – 12:00	£4.00
KEEP FIT	
FURZEFIELD LEISURE CENTRE	
10:30 – 11:30	£5.00
CAREFUL CONDITIONING	
THE VENUE LEISURE CENTRE	
11:00 – 11:55	Centre fee applies
FALLS PREVENTION ADVANCED	
WYLLYOTTS THEATRE & CINEMA	
11:15 – 12:15	£4.00
BADMINTON	X
FURZEFIELD LEISURE CENTRE	
12:30 – 15:30	£4.00
WALKING NETBALL	
BUSHEY GROVE LEISURE CENTRE	
13:00 – 14:00	Centre fee applies
CHAIR BASED EXERCISE	
WYLLYOTTS THEATRE & CINEMA	
13:30 – 14:15	£4.00
YOGA	
96 SHENLEY ROAD	
19:30 – 21:00	£7.00
BADMINTON IMPROVERS	X
BUSHEY GROVE LEISURE CENTRE	
21:00 – 22:00	Centre fee applies

Thursday

STRETCH & TONE	
BUSHEY GROVE LEISURE CENTRE	
09:15 – 10:10	Centre fee applies
CHAIR BASED EXERCISE	£
THE BUSHEY CENTRE	
12:30 – 13:15	£4.00
TAP DANCING	£
ELM COURT	
13:00 – 13:45	£5.00
PICKLEBALL	
BUSHEY GROVE LEISURE CENTRE	
13:00 – 14:00	Centre fee applies
TAI CHI	
FURZEFIELD LEISURE CENTRE	
13:00 – 14:00	£7.00
TAP DANCING BEGINNERS	£
ELM COURT	
14:00 – 14:45	£5.00
WALKING FOOTBALL	
FURZEFIELD LEISURE CENTRE	
14:00 – 15:00	Centre fee applies
LINE DANCING	
FURZEFIELD LEISURE CENTRE	
14:30 – 16:00	£5.00
TAI CHI	
THE VENUE LEISURE CENTRE	
15:00 – 16:00	£7.00
SING FOR YOUR LIFE	
WYLLYOTTS THEATRE & CINEMA	
16:30 – 17:30	Centre fee applies

Friday

BRIDGE	£
ELM COURT YOUTH & COMMUNITY CENTRE	
10:00 – 12:00	£4.00
CROQUET	
FURZEFIELD LEISURE CENTRE	
10:00 – 12:00	Centre fee applies
SCRABBLE	X
WYLLYOTTS THEATRE & CINEMA	
10:00 – 12:00	£4.00
TABLE TENNIS	£
MAXWELL PARK COMMUNITY CENTRE	
10:00 – 12:00	£4.00
FLEXIBILITY CLASS	
WYLLYOTTS THEATRE & CINEMA	
11:00 – 11:45	£4.00
AQUA AEROBICS	
THE VENUE LEISURE CENTRE	
12:05 – 12:50	Centre fee applies

Key

- £ Cash Only
- X No instructor
- Contact host venue
- Contact team on 01707 645 005

Venues

BOREHAMWOOD & ELSTREE

96 SHENLEY ROAD
Borehamwood, WD6 1EB
Tel: 01442 454 000

ALLUM HOUSE
Allum Lane, Elstree, WD6 3PJ

MAXWELL PARK COMMUNITY CENTRE
Maxwell Road, Borehamwood, WD6 1JJ

THE VENUE LEISURE CENTRE
Elstree Way, Borehamwood, WD6 1JY
Tel: 020 8386 9886

BUSHEY

THE BUSHEY CENTRE
High Street, Bushey, WD23 1TT
Tel: 020 8950 9952

BUSHEY GROVE LEISURE CENTRE
Aldenhall Road, Bushey, WD23 2TD
Tel: 01923 470 140

POTTERS BAR

ELM COURT YOUTH & COMMUNITY CENTRE
363 Mutton Lane, Potters Bar, EN6 3BP

FURZEFIELD LEISURE CENTRE
Mutton Lane, Potters Bar, EN6 3BW
Tel: 01707 850 500

WYLLYOTTS THEATRE & CINEMA
Wylllyotts Place, Darnley, Potters Bar, EN6 2HN
Tel: 01707 645 005

For class & activity description information, please visit our brand new website www.generation-plus.co.uk