



Facility: InspireAll	Date: 24/6/22	Review Date: On going
Risk Assessment: COVID-19		

List significant hazards	List groups of people who are at risk from the significant hazards	List existing control measures or note where the information may be found List risks which are not adequately controlled on the risk reduction plan
	identified	off the Pisk reduction plant

Hazard: Potential reignite of Infection to (Customers & Staff) InspireAll have a legal duty to manage risks to those affected by their business. Carrying out a health and safety risk assessment, and to take reasonable steps to mitigate the risks you identify. Working Safely guidance sets out a range of mitigations employers should consider including: Cleaning surfaces that people touch regularly; continue deep cleaning regimes Identifying poorly-ventilated areas in the venue and taking steps to improve air flow; Ensuring that staff and customers who are unwell do not attend the workplace or venue Risk: Lack of Cleaning Communicating to staff and customers the measures you have put in place. Staff Customers, schedules Hand sanitizer stations will remain in place throughout the building in various locations Visitors and Lack of hand sanitation and Perspex screens at reception areas. Contractors stations Perspex screens

24/6/22 Page 1 of 17





	List groups of people who are at risk from
List significant hazards	the significant hazards
	identified

List existing control measures or note where the information may be found List risks which are not adequately controlled on the risk reduction plan

Hazard: Access and Egress		
Risk: • Pinch areas • Entrances/Exits • Corridors/Circulation areas	Staff Customers, Visitors and Contractors	While there is no longer any legal requirements for social distancing, customers may wish to keep their distance from each other wherever possible; especially those who have not been fully vaccinated or may be at higher risk or are near people they do not live with. InspireAll & Family Support Services staff and customers may wish to use a face covering when circulating around the building.
Hazard: Staff more vulnera	ble to COVID-19	
Risk: Individual risk factors meaning staff more vulnerable to COVID-19	Staff Customers, Visitors and Contractors	Clinically extremely vulnerable people are advised to follow the same guidance as everyone else. However, if you are someone who is at a higher risk of becoming seriously ill if you were to catch COVID-19, you should think particularly carefully about additional precautions you can continue to take personally. The Government and UKHSA will continue to communicate to people most vulnerable to COVID-19 about available clinical interventions, including vaccination and treatments, and also testing and public health advice. SLL encourage employees to get the recommended government covid jabs and to inform us immediately of any illness' they have especially if it is covid related.

24/6/22 Page 2 of 17



R.A Covid-19

Issue 27

List significant hazards

List groups of people who are at risk from the significant hazards identified

List existing control measures or note where the information may be found

List risks which are not adequately controlled on the risk reduction plan

Hazard: Office Spaces & Gradual return to work

24/6/22 Page 3 of 17







List significant hazards	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found List risks which are not adequately controlled on the risk reduction plan
Risk: • Lack of air exchange • Work Stations • Cleaning equipment	Staff Customers, Visitors and Contractors	Office spaces As of 19th January 2022 you are no longer required to work from home. InspireAll and Family Support Services to encourage staff to be respectful of people's personal space. Family Support/Nursery's Staff may wish to continue with a safe distance when in close contact with others they do not normally meet. Staff and Customers may wish to wear a face covering when circulating around a building/home visiting or close contact. No longer ask fully vaccinated close contacts and those under the age of 18 to test daily for 7 days. Workstations Staff returning to work should clean their desk, phone, keyboard etc before and after use. Complete a new DSE risk assessment. Hybrid working Where your role allows, and agreement from your line manager; some roles maybe able to work from home. (See hybrid working policy)

24/6/22 Page 4 of 17





★ InspireAl	
Leisure & Family Support Se Leisure & Family Support Serv	

Li	ist significant hazards	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found List risks which are not adequately controlled on the risk reduction plan
Haza	rd: Reception areas		
Risk:		Staff Customers, Visitors and Contractors	 Hand sanitisation stations will still be present at each entrance of the facility and the Perspex screens will remain in place for the time being. Customers and Staff may wish to wear a face covering when entering a building (reception areas) and when circulating around a building. Staff are encouraged to respect people personal space.
Haza	rd: Lack of PPE & Clea	ning products	
Risk:	Face Masks not provided Gloves not provided Low stock levels of PPE & Cleaning equipment Disposal of PPE Touch areas	Staff Customers, Visitors and Contractors	 Ensure stock levels are measured to ensure stock holding does not go below a minimum level. Ensuring personal protective gloves are available to all staff and cleaning equipment is accessible. Encourage staff to wash your hand regularly. Staff & Customers must be mind-full of all touch surfaces they come into contact with, handrails doors, and surfaces once touched we would encourage you to wash your hands thoroughly
Hazard: Cross contamination			
Risk:	Lack of Cleaning programmes Children's play equipment Hand dryers & Hair dryers	Staff Customers, Visitors and Contractors	 Deep cleaning schedules should remain in place Regular touch point cleaning to remain in place Additional measures that will be taken: All staff are responsible for cleaning Hand washing posters on the display within the toilets to encourage people to wash their hands. Encourage Customers to clean down the gym equipment after use by providing blue

24/6/22 Page 5 of 17



	ist significant hazards	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found List risks which are not adequately controlled on the risk reduction plan
		identified	roll and D10 spray bottles. Provide gym etiquette signage. Continue to clean Children's play equipment this should be washed at every opportunity especially if the toy is being played with by more than one child. All play equipment must be disinfected throughout the day.
Haza	rd: Lack of Cleaning/	communication and	recording
Risk:	Cleaning schedules Fogger 'Storm back pack machines' Covid-19 suspected outbreaks Chemical Contact time	Staff Customers, Visitors and Contractors	 Cleaning must continue to be recorded and completed thoroughly. Storm Fogger Back-pack cleaning machines have been distributed across all contracts. A work instruction has been issued. Training must be delivered to staff using the 'Storm fogger'. D10 suma bac is the chemical that is used to operate this machine although the Vanitorials product can also be use see data sheet for guidance. If sites have confirmed confirmation of a customers or staff member who has been diagnosed with the Covid-19 this must be reported to SLT 'Contact time' or 'Wet time' which means they need to be left 'wet' for a few minutes before being wiped away, this give the chemical time to do what it needs to do i.e kill bacteria and viruses.
Haza	rd: Centre's taking Ca	sh payment	
Risk:	Lack of other payment methods	Staff Customers, Visitors and Contractors	 Customers may wish to make payments via debit or credit card or payment in advance. If cash handling is the only method for some customers, receptionist should wash their hands regularly
Haza	rd: Pregnancy		
Risk: • •	Socialisation Expectant Mothers Wet & Dry Building	Staff Customers, Visitors and Contractors	Staff that have informed you of a pregnancy must have a separate risk assessment carried out for them, this risk assessment can be found on corp docs Health & Safety Tool Box. Relevant staff should have training on how to complete the risk assessment

24/6/22 Page 6 of 17







List significant hazards	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found List risks which are not adequately controlled on the risk reduction plan
Activities		
Hazard: Providing First Aid	& Staff Training in F	irst Aid
Risk: Cross contamination through Customer contact & of resus Annie Manikin & close contact equipment Disposal of bodily fluids CPR – Adults/Child & Paediatric Manikin management	Visitors and Contractors	Only trained First Aid Staff are permitted to carry out first aid. Ensure all first aid is documented on the Accident/Incident report form and added into stitch. When administering first aid ensure you are wearing gloves and have a face mask on as closer contact maybe necessary. Ensure you wash your hands after you have administered the first aid and clean down any surfaces once they have left the first aid room or area. Following guidance from Resuscitation Council UK (RCUK) and European Resuscitation Council (ERC), and RLSS UK. Changes as from 1st July 2022 • CPR in general – Trained persons are now advised to open airway and check breathing as per staff's qualifications. • CPR Adult Sudden Collapse - Go back to doing 30 Chest Compressions to 2 Breaths as long as you have a pocket mask with one way valve and filter on it. If Pocket Mask is delayed do Chest Compressions only until it arrives and then do 30:2 • All other First Aid Treatment staff should be wearing gloves and face mask (This allows us to protect staff) Aprons are no longer required. Training requirements and courses • For training and courses you will be provided with your own lungs for the use of manikins; these will be replaced every 6 months (This is the normal now and never going back to what we did before) • Manikins still need to be cleaned thoroughly between candidates. (Suma Bac / D10 spray etc) • No Aprons required • No Face Masks needed unless demonstrating treatment for First Aid in Staff Training Sessions only. (Not courses or assessments for qualifications) The Resuscitation Council UK video can be found here: • https://www.youtube.com/watch?v=3MY0sRYfsRA

24/6/22 Page 7 of 17



	,	T = = = = = =	Issue 27
L	ist significant hazards	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found List risks which are not adequately controlled on the risk reduction plan
			This also applies to a drowning casualty. Resuscitation Council UK provide additional guidance for pediatric casualties here: https://www.resus.org.uk/covid-19-resources/covid-19-resources-general-public/resuscitation-council-uk-statement-covid-19 Safe disposal of bodily fluids must be via the yellow bags provided by your external contractor these are usually found within first aid room or for the disposal of nappies Stitch must be used to record any Covid-19 symptoms and test results from staff or Customers.
Haza	rd: Air-handling units		
Risk: • •	Filters not being cleaned Poor operation of unit lack of flow Lack of checks being carried out Poor air quality Running Air-con units un- necessarily	Staff Customers, Visitors and Contractors	 The air-conditioning and air handling units will be serviced in line with manufacturer's guidelines to ensure they are working to specification by a suitable competent engineer. PPE must be worn at all times whilst working on the A/C and Air –handling units.' All filter cleans must be recorded and logged. A risk assessment should be created to identify any areas in your building that does not have any fresh air exchange or has a low exchange of fresh air, any air-con units not in use should be switched off. Fresh air can be provided from: Opening windows and door (passive) Mechanical exchanged via air –handling and air-con units Identify in each area if it is passive or mechanical air exchange If you believe any of your AHU's are not operating correctly you must contact the FM team who will assist you.
Haza	rd: Getting tested self-i	solation and Track, T	est & Trace
Risk: •	Ignoring signs and symptoms Transmitting to others	Visitors and	You must communicate to your Line Manger if we are not feeling well and have signs or symptoms of having coronavirus. What the removal of self-isolation rules means for our workforce From 24 February, you are no longer legally required to self-isolate following a positive test. I

24/6/22 Page 8 of 17







List significant hazards	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found List risks which are not adequately controlled on the risk reduction plan
with someone with COVID-19. The legal requirement to self-isolate in these government advice to individuals who test positive to Stay at home and avoid contact with other per at the end of this period, take two corona (which can be the fifth and sixth days); and have two negative tests, as long as they do not (Please refer to HR's brief) Sign and symptoms of Covid-19 A high temperature – this means you feel how not need to measure your temperature) A new, continuous cough – this means cough more coughing episodes in 24 hours (if you use than usual) A loss or change to your sense of smell or take cannot smell or taste anything, or things sme		 The legal requirement to self-isolate in these circumstances is being replaced with government advice to individuals who test positive to: Stay at home and avoid contact with other people for at least five full days; at the end of this period, take two coronavirus tests results on consecutive days (which can be the fifth and sixth days); and return to their normal routine once they have two negative tests, as long as they do not have a temperature. (Please refer to HR's brief) Sign and symptoms of Covid-19 A high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature) A new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse
Hazard: Building maintenar	ice and Fire control	
Risk: Unmaintained buildings/ obstructions Incorrect directional signage Unmaintained equipment	Staff Customers, Visitors/and Contractors	To continue to manage building operations of maintenance

24/6/22 Page 9 of 17



	List groups of people
List significant hazards	who are at risk from
	the significant hazards
	identified

List existing control measures or note where the information may be found List risks which are not adequately controlled on the risk reduction plan

Hazard: Lack of communica	ation of Governmen	t guidance & Company information
Hazard: Lack of communication	ation of Governmen	 From 24 February the Government will: Remove the legal requirement to self-isolate following a positive test. Adults and children who test positive will continue to be advised to stay at home and avoid contact with other people for at least 5 full days and then continue to follow the guidance until they have received 2 negative test results on consecutive days. No longer ask fully vaccinated close contacts and those aged under 18 to test daily for 7 days, and remove the legal requirement for close contacts who are not fully vaccinated to self-isolate. End self-isolation support payments, national funding for practical support and the
Risk: Lack of understanding /communication	Staff Customers, Visitors and Contractors	 End self-isolation support payments, national funding for practical support and the medicine delivery service will no longer be available. End routine contact tracing. Contacts will no longer be required to self-isolate or advised to take daily tests. End the legal obligation for individuals to tell their employers when they are required to self-isolate.
		 From 24 March, the Government will: Remove the COVID-19 provisions within the Statutory Sick Pay and Employment and Support Allowance regulations. From 1 April, the Government will:
		Update guidance setting out the ongoing steps that people with COVID-19 should take to minimise contact with other people. This will align with the changes to testing.

24/6/22 Page 10 of 17





Leisure & runniy support services		Issue 27
List groups of people who are at risk from the significant hazards identified		List existing control measures or note where the information may be found List risks which are not adequately controlled on the risk reduction plan
		No longer provide free universal symptomatic and asymptomatic testing for the general public in England.
		Consolidate guidance to the public and businesses, in line with public health advice.
		 Remove the health and safety requirement for every employer to explicitly consider COVID-19 in their risk assessments.
		Replace the existing set of 'Working Safely' guidance with new public health guidance. Replace the existing set of 'Working Safely' guidance with new public health guidance.
		Please also refer to the Coronavirus Update sent out by the HR Director
Hazard: Use of communal	areas	
Risk: Staff rooms Kitchen areas	Staff/ Contractors	 Staff should be mindful of touch points when in communal areas All communal areas and toilets to be cleaned down regularly, enhanced cleaning regime should remain in place.
Hazard: Nurseries & Home	e visits/Gym/ Swimm	ing pool Specific information
Risk: General operation	Staff/Visitors/Customer s/Contractors	 Staff may wish to wear a face covering when circulating around a building or when entering into someone's home (Home visits) or when in close contact with others they do not normally meet. To continue with encouraging gym users to wipe down equipment after use and provide cleaning equipment To continue to clean floatation devises for swimming lesson etc. as per the covid cleaning regime Swimming teachers to go back to teaching from in the pool and not just from the poolside

24/6/22 Page 11 of 17





List significant hazards

List groups of people who are at risk from the significant hazards identified

List existing control measures or note where the information may be found

List risks which are not adequately controlled on the risk reduction plan

		Name	Update	Date
Original Assessment	Completed by:	Sarah Goldsmith	New risk assessment for Covid-19 controls when opening a building Issue 1	07/05/2020
Orig Asses	Facility Management Director:	Martin Smith		07/05/2020
	Review Conducted by:	Sarah Goldsmith/ Allan Prescott	Issue 2 Slight update with mention of bins and driving range.	13.05.2020
	Review Conducted by:	Sarah Goldsmith	Issue 3 Added Carpark management, Air-con management and alternative chemicals to use Added information on Contact time/Wet time	29/05/2020
iew	Review Conducted by:	Sarah Goldsmith	Issue 4 Added Club, hirers and bookers using the facility stating their control measures	05/06/2020
Review	Review Conducted by:	Sarah Goldsmith	Issue 5 Added: reference to the new 5.2.30 Virus protection and pandemic management procedure Added: about using Centre feed roll rather than cloths when cleaning	12.06.2020
	Review Conducted by:	Sarah Goldsmith	Issue 6 Added Trace test and track. Added about recording on to Stitch any Covid-19 symptoms and test results Added safe travel into work when using public transport	23.06.2020

24/6/22 Page 12 of 17





List significant hazards	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found List risks which are not adequately controlled on the risk reduction plan
--------------------------	--	---

Review Conducted by:	Sarah Goldsmith	Issue 7	
•		Added disposal of PPE, Safe disposal of bodily fluids,	
		Designated isolation area, Signs and symptoms,	
		Expectant mothers, and touch points	01.07.2020
Reviewed Conducted by:	Sarah Goldsmith	Issue 8	10.07.2020
		Updated First Aid on delivering rescue breaths	
		Added fire risk	
		Added Centre Guidance link	
Review Conducted by:	Sarah Goldsmith	Issue 9	15.07.2020
		Added For managers to consider the social	
		distancing management within office/and small	
		spaces and to display the Staying COVID-19 Secure	
		in 2020 poster in staff areas	
Review Conducted by:	Sarah Goldsmith	Issue 10	4.08.2020
		Access and Egress, Staff more vulnerable to covid-19	
		, Work Stations, Use of communal areas	
		Hand dryers and Hair dryers	
Review Conducted by:	Sarah Goldsmith	Issue 11	14.08.2020
		Added - What you need to do if you are traveling	
		abroad.	
		Added - When you return from abroad	
		Added -Re-ignition of Coronavirus creating Local	
		lock-down	
Daview Conducted by	Cample Calidanaiti	Vulnerable people shielding updated guidance.	10.0.2020
Review Conducted by:	Sarah Goldsmith	Issue 12 – Added Wet & Dry Activities	18.9.2020
		Added Staff confirmation of contracting Covid-19	
		whilst at work. Added 'Storm fogger machines	

24/6/22 Page 13 of 17





List significant hazards	List groups of people who are at risk from the significant hazards	List existing control measures or note where the information may be found List risks which are not adequately controlled on the risk reduction plan
	identified	off the fisk reduction plan

Review Conducted by:	Sarah Goldsmith	Issue 13 – Added Venues to create their own QR codes. Staff and Customers should be encourage to use it on arrival into the Centre Added – Lack of communication of government guidance Close contact services and café/restaurant settings	24.9.2020
Review Conducted by:	Sarah Goldsmith	 Added government guidance on Customers being encouraged to wear a face covering in circulation areas or when they are not taking part in any activity. Government 'Tier System' the meaning of each tier Uni-Wipes – cleaning of gym equipment Ph neutral 	14.10.2020
Review Conducted by:	Sarah Goldsmith	 Issue 15 Added face covering to be worn by staff entering and circulating around the building. Customers to be encourage to wear a face covering but not when exercising. New isolation 10 day isolation highlighted in yellow. 	17.12.2020

24/6/22 Page 14 of 17





List groups of people who are at risk from the significant hazards identified

List existing control measures or note where the information may be found

List risks which are not adequately controlled

on the risk reduction plan

Review Conducted by:	Sarah Goldsmith	 Travel corridor update highlighted in yellow Outbreak classification from (2) to now (5) Identified what 'tier' sites are in, added new tier 4 Issue 16	04.01.2021
		Created lock-down risk assessment. Building management	0 110 21 20 2 2
Review Conducted by:	Sarah Goldsmith	Issue 17 Add building maintenance and fire control Added information on PCR Tests and LFD test Added link from Government update mid feb on new road map	08.03.2021
Review Conducted by:	Sarah Goldsmith	Issue 18 Added Staff wearing a face covering when entering in to the building and when circulating around the building. Customers to be encouraged to wear face covering but not when exercising Added - a section 'Reception areas' highlighted yellow Added about ensuring stock levels don't go below a minimum	07.05.2021

24/6/22 Page 15 of 17





List significant hazards	List groups of people who are at risk from he significant hazards identified	List existing control measures or note where the information may be found List risks which are not adequately controlled on the risk reduction plan
--------------------------	---	---

Review Conducted by:	Sarah Goldsmith	Issue 19	19.7.21
·		Gov.uk Coronavirus roadmap step 4	
		Added and reworded sections	
		highlighted in yellow	
		Referring to Step 4 Reopening	
		spread sheet	
Review Conducted by:	Sarah Goldsmith	Issue 20	25.8.21
		Added Government guidance from	
		16 th August on what to do if you are	
		contacted by NHS track and trace but	
		have been fully vaccinated.	
Review conducted by	Sarah Goldsmith	Issue 21	04.11.21
		Removed 100% fresh air ventilation	
		requirements. Replaced with	
		ensuring all areas of the building	
		have fresh air flows (passive or	
		mechanical)	
		Added - Create an individual risk	
		assessment to identify the risks & controls you will be putting in place	
		for the extremely vulnerable person	
Review conducted by	Sarah Goldsmith	Issue 22	3.12.21
Neview conducted by	Sarari Colasiliar	Added highlighted in yellow	3112121
		Air ventilation requirements	
		Governments updated from 30 th nov	
		21	
		New variant (Omicron)	
		International travel	

24/6/22 Page 16 of 17



R.A Covid-19

Issue 27

List significant hazards	List groups of people who are at risk from the significant hazards identified	List existing control measures or note where the information may be found List risks which are not adequately controlled on the risk reduction plan
--------------------------	--	---

Review conducted by	Sarah Goldsmith	Issue 23 Added guidance from 10 th dec re: face coverings Added guidance from 13 th Dec Office workers who can work from home	9.12.21
Review conducted by	Martin Smith	Issue 24 Added update covering reduced self-solation to 7 days if proven by 2 negative LFT tests.	22.12.21
Review conducted by	Sarah Goldsmith	Issue 25 Added changes to isolation to 6 days if proven by 2 negative LFT tests. Added guidance for living in the same household as someone with COVID-19 Added January government updates	20.1.22
Review conducted by	Sarah Goldsmith	Issue 26 Changed wordings throughout the RA. Updated government guidance. All changes highlighted in yellow	24.2.22
Review conducted by	Sarah Goldsmith	Issue 27 Updated First Aid section changes from 1 st July 2022	24/6/22

24/6/22 Page 17 of 17